

Female Outdoor Survival - YAXS

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NEWS_PDF_DATE: 2006/9/10 8:52:18

This site is a basic outdoor survival guide for women.

You will find information on surviving in most types of emergency situations. You will learn how to use material from your environment to help you and your love ones get through life-threatening situations.

This guide covers surviving in climatic extremes, obtaining food, shelter, and medical care from tools available in your surroundings. This guide also address procedures to follow in the event of man-made hazards such as nuclear, biological, and chemical threats.

<http://www.femaleoutdoorsurvival.com>

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