

Diseases from Animals: Survival & Zoonoses Guide - YAXS

NEWS_PDF_AUTHOR: shim007

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DiseasesFromAnimals.org has two primary channels. Channel 1 is a guide to zoonoses, or diseases humans can get from animals. Channel 2 is an in-depth, illustrated guide that show women how to keep themselves and their families alive in an outdoor survival situation.

What diseases can animals carry? Learn about zoonoses, or diseases that animals can pass to people. If you have young children, are pregnant, have HIV/AIDS, have received an organ transplant, or are being treated for cancer, these recommendations will help you avoid getting sick from animals.

This site also include basic primers on outdoor feminine hygiene and the use of Menstrual Cups.

[Diseases from Animals: Outdoor Feminine Hygiene & Menstrual Cups](#)

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